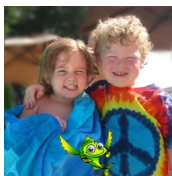


### How do I register?



Please [click here](#) to register.

### What do I bring to lessons?

Bring a couple of towels and some warm clothing to change them into after they are done. When children are finished with lessons they may be tired, and it is helpful to have them lie down for a few minutes afterwards. Children that are not potty trained need to wear a snug fitting CLOTH swim diaper that has elastic around the legs and the waistband. These are available at your local retailer. **NO DISPOSABLE SWIM DIAPERS WILL BE ALLOWED** – we do not want to have an “accident” in the pool!

### What if my child cries?



Occasionally children will cry during their initial lessons. Please keep in mind that this is their reaction to having to do the hard work we are asking them to do. Your child's fastest form of communication is by crying - even in verbal children - they know that if they cry, you will come running. Please do not be alarmed by this: Children cry when they are buckled into their car seats against their will, yet no parent would dream of not buckling their baby in. Children also cry to express frustration during the process of learning a sensorimotor skill. Most often, however, children realize that they have now mastered this environment and take to it just like a fish to water! :-)



Swimming is fun, but the learning process may not always be. Remember when your child first learned to walk? There were plenty of skinned knees, bumps to the head and the resulting tears, but your child did not grow up to be afraid to walk! Just as you witness the joy of

discovery when your child learns to run or climb, so you will see the transformation in your child as they take pride in their new skills.

### **Do you offer discounts?**



Each instructor has their own pricing and schedules. Please contact your closest instructor for further details.

### **Will you come to my house or to my city?**

We have the ability to offer lessons at your pool, or in your city world wide. Please [contact us](#) for details about hosting a pool.

### **Anything else?**

Here are a few more things to keep in mind:

- Please do not feed your child 1-1/2 to 2 hours before lessons, and no dairy products for 2 hours before lessons.
- Relax and enjoy the process! Your amazing child will be learning amazing things! As always, if you have any questions, please feel free to give us a [call](#) .